



FLOURISHING FAITH



A flourishing congregation is grounded in a simple, life-giving truth: when we stay rooted in Christ, our daily lives naturally overflow with joy, purpose, and spiritual vitality. To help our communities continue to grow a vibrant spiritual life, we are anchoring our faith formation around four practical, interconnected rhythms:

Prayer &
Spiritual Disciplines

Christian
Education & Study

Worship &
Sacramental Life

Giving, Serving &
Stewarding

ROOTED & REACHING • MICRO-PRACTICE

The Gift of Time & Presence

Focus: Prayer & Spiritual Disciplines (Stewardship of Time)

THE PRACTICE

Offer your time as a first-fruits gift to God this week. Carve out just 10 minutes each day for quiet prayer, sacred reading, or sitting in stillness—listening before speaking, and opening your heart to God's gentle guidance.

TRY THIS AT HOME

Set aside your phone or screens for 15 minutes during your morning routine or before evening rest. Use those quiet moments to read a short daily devotion, offer a prayer of gratitude, or simply listen for God's presence in the silence.

PARISH REFLECTION

How might our daily lives change if we treated our time with God not as a busy schedule item to squeeze in, but as the anchor that holds everything else together?

“Be still, and know that I am God.”

— Psalm 46:10

