

## Eastern Shore Region

Please CONFIRM with the contact or parish - this webpage is updated seasonally. If you wish to share your prayer, contemplative/formation events or your parish's open-for-prayer times, phone 902.835.2619 (please leave a message) or email [prayeraroundthediocese@gmail.com](mailto:prayeraroundthediocese@gmail.com)

| Title/prayer group | Parish | Contact | Date and Time |
|--------------------|--------|---------|---------------|
| See Zoom offerings |        |         |               |
|                    |        |         |               |