

# DYC CABIN LEADERS

## WHO THEY ARE

Group Leaders are the night-time team of DYC. They know how to create a space that feels safe and comfortable, and how to hold the boundaries of what is and isn't appropriate through the night at DYC. They know how important rest is, and can support everyone in getting enough.

## WHAT THEY DO

Cabin Leaders facilitate night prayers in their cabin each night, encourage appropriate personal hygiene practices before bed each night and again in the morning, and make sure that everyone is in their cabin when they are supposed to be there.

## WHAT SPECIAL SKILLS ARE HELPFUL

Patience is the top tomato for Cabin Leaders! Compassion is up there too, as big feelings often rise up to the surface when it's time to go to bed. It's also super duper helpful if Cabin Leaders are easily roused from sleep - if you can sleep through anything, this might not be the gig for you!

## WHAT YOUR WEEKEND WILL LOOK LIKE

When we've got enough leaders for cabin leaders to not have an additional role, the nights are full-on, but the days can be time to rest and relax.