

Chignecto Region

Please **CONFIRM** with the contact or parish - this webpage is updated seasonally. If you wish to share your prayer/contemplative/formation events or your parish's open-for-prayer times, phone 902.835.2619 (please leave a message) or email prayeraroundthediocese@gmail.com

Title/prayer group	Parish	Contact	Date and Time
Meditation (following the contemplative way of Christian prayer - John Main)	St. John's Truro 23 Church Street, Truro	Lori Ramsey lramseyis@gmail.com	Friday 10:00 am Sept to June