

Eastern Shore Region

Please **CONFIRM** with the contact or parish - this webpage is updated seasonally. If you wish to share your prayer/contemplative/formation events or your parish's open-for-prayer times, phone 902.835.2619 (please leave a message) or email prayeraroundthediocese@gmail.com

Title/prayer group	Parish	Contact	Date and Time
Let us know what is available in your region!			