

## Eastern Shore Region

Please CONFIRM with the contact or parish - this webpage is updated seasonally. If you wish to share your prayer/contemplative events or your parish's open-for-prayer times, contact [heatherannecarter@gmail.com](mailto:heatherannecarter@gmail.com) or 902.835.2619 (please leave a message).

Title/prayer group	Parish	Contact	Date and Time
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Watch for fall offerings

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