

Valley Region

Please CONFIRM with the contact or parish - this webpage is updated seasonally. If you wish to share your prayer/contemplative events or your parish's open-for-prayer times, contact heatherannecarter@gmail.com or 902.835.2619 (please leave a message).

Title/prayer group	Parish	Contact	Date and Time
Christian Meditation	St. John's Anglican 164 Main Street, Wolfville	Mary Ellen Finlay mfin488@gmail.com	Fridays 11:00 a.m.
Pathways to Peace - Seeking the Spirit Retreat	Acadia University	Lisa missiondirector@nspeidioce se.ca 902-789-4840	Friday to Sunday June 6 - 8, 2025