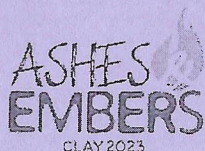


KEEPING IN TOUCH.....

with Anglican Women
in
Nova Scotia & Prince Edward Island

- √ Theme for 2022/2023 -
“New and Wondrous Ways ”
- √ *Crossroads Now ... Transformation
on the Horizon*
- √ New and Wondrous Ways
- √ 2022/23 ACW Project -
“All In For Youth!”
- √ Chaplain’s Corner - *St. Luke*
- √ Mothers’ Union - *“Change is in the Air!”*
- √ Education - *White Ribbon Campaign*
- √ The Changing Face of Volunteerism
- √ Youth and Family Ministry
- √ Season of Creation
- √ DEN - *The Parish Green*



<http://www.nspeidiocese.ca/Ministries/Anglican Church Women>

Please post or circulate this magazine in your parish

ANGLICAN CHURCH WOMEN PURPOSE:

To encourage and support all women in the Diocese of NS/PEI to participate in a fellowship of worship, study, and offering, with the aim of deepening and strengthening their individual spiritual lives and of awakening a greater desire for God's mission and Christian service in the parish, community, diocese, nation and the world.

ANGLICAN CHURCH WOMEN PRAYER:

Almighty God, we give thanks to you for having sent your blessed Son to become the Saviour of the world; grant to us a deep sense of gratitude for Your grace and mercy towards us. Enable us by your Spirit to reveal your love in all our actions so that your salvation may become known to all peoples and your name glorified throughout all the earth; through Jesus Christ our Lord. Amen

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Dear *Keeping in Touch* Readers:

By the time you are reading this, the summer will be winding down, while this letter to you is being written when it is just getting underway! Summer is a season that passes all too quickly. We hope that you will have found the summer months to have been refreshing in every way, with a change of pace that has energized you for the ministry ahead.

If you have been reading the recent Anglican Church Women Board columns in *The Diocesan Times* (April, May, June 2022), you will know that the Board has been engaging in a reflective process to determine a new future. It is why we have drawn on our Anglican Church Women hymn, ***The Love of Jesus Calls Us*** (CP# 434), to inspire a phrasing to capture this journey just begun: ***New and Wondrous Ways***, our theme for 2022/23. There is a column in this issue, entitled: ***New and Wondrous Ways*** (page 4), that shows how we have used much of the Anglican Church Women hymn as a way to focus and frame our reflective and engaging-with-change process to arrive at an overview sense of what the future will be for the current Anglican Church Women Diocesan Board.

This imagining a different future is both anxiety-producing and energizing, often at the same time! It is calling us to be risk-takers, to be brave and courageous! It is compelling us to act in ***new and wondrous ways***! Our possibilities for a new future are transformational! We pray for your support as we engage in this process of evolving and transforming. Despite the challenges, we are confident that the power of God is working in us and is doing infinitely more than we can ask or imagine – thanks be to God!

Connie English & Cynthia Pilichos,

Co-coordinators

**Got any rivers you think are uncrossable?
Got any mountains you can't tunnel through?
God specializes in things thought impossible.
And He can do what no other can do.**



CROSSROADS NOW..... TRANSFORMATION ON THE HORIZON

There is no road map or GPS, no road sign or arrow to point the way definitively for the Anglican Church Women Diocesan Board as it navigates its way into the future. The Board is in a time of reflection and re-imagining, with one foot in what has been, and one foot in what will be, a time and place referred to as *liminal space*. Newly ordained Debbie Fice built her reflection for *Virtual Lenten Reflections 2022* (<https://youtu.be/M-VaRjzNhEw>) by presenting and exploring liminal space under the Mothers' Union 2022 theme of ***With God nothing is impossible - Transformation, Now!*** Debbie made note of the disorientation and angst of liminal spaces, but affirmed, as well, that it is in such liminal times that God does his best work, noting many examples from the Bible.

Richard Rohr describes liminal space as *"a unique position where human beings hate to be, but where the biblical God is always leading them. It is when you have left the tried and true, but have not yet been able to replace it with anything else . . . It is when you are between your old comfort zone and any possible new answer."* Debbie Fice described liminal space as akin to *"constructing a bridge at the same time as you are walking on it."*

It is very easy to think that it is Covid alone that has placed us in this liminal space of discomfort and anxiety, but it is far more complex and far-reaching than a pandemic already in its third year. Covid has accelerated the urgency to take stock, to look at the reality before us clearly, but it is not the reason alone for the need to

look at the future through a very different lens. For the Anglican Church Women Board, like so many other organizations fuelled by volunteer/unpaid labour, in the church and community, it is a time of reckoning because of factors that have been percolating for quite some time.

With this as backdrop, **the Anglican Church Women Board is at a crossroads.** It may not have left the “tried and true” that Rohr refers to, but the Board members are taking a few very tentative first steps on the metaphorical bridge that Debbie Fice notes they are in the process of building. If we can set aside, even for a short while, the great sense of anxiety with this stepping out into the unknown, we can free our minds to experiment with new ideas and possibilities. One feature of Covid is the creation of a sense of urgency to give ourselves permission to question the way things are, so as to create space for originality, generativity, and creativity. It is indeed a crossroads where we find ourselves . . . with transformation on the horizon.

Cynthia Pilichos,

Co-coordinator

A Closer Walk With God,

O for a closer walk with God,
A calm and heavenly frame,
A light to shine upon the road
That leads me to the Lamb!



NEW AND WONDROUS WAYS...

There are many phrases of the Anglican Church Women hymn, ***The Love of Jesus Calls Us*** (CP 434) that provide both inspiration and broad direction for the emerging transformation of the Anglican Church Women Diocesan Board. For starters: ***“to challenge all that limits/to change, to learn, to grow”***. Below are some key features of how the Anglican Church Women Diocesan Board for NS/PEI is evolving, supported by the hymn, ***The Love of Jesus Calls Us***:

1. Not gender specific (***“that God with men and women...”***); rather **gender inclusive**, so a **name change!** What is proposed is ***APP - Anglican Powering Potential***.
2. A **change of purpose** in order to be **distinctive and, ideally, “irresistible”, to minister “in new and wondrous ways”**. Using the strength of its endowment funds and its fundraising ability to act more as a **financial resource for innovative / creative ministry** in the diocese and beyond, so evolving to a sort of foundation type entity.
3. **Collaborative with church and community entities (“companions on a journey...”)** in order to power a **newly identified purpose of “enhancing capacity for innovative / creative ministry” (to be God’s co-creators in new and wondrous ways...”)**
4. We are seeing a **social transformational** focus to the innovative / creative ministry in line with the 4th Mark of Mission: **To seek to transform unjust structures of society, to challenge violence of every kind, and to pursue peace and reconciliation**. This is also consistent with the last verse of the Anglican Church Women hymn, whereby the reality of change is acknowledged, that within this reality of ***“swiftly changing days”***, women **and** men become co-creators with God (***“that God, with men and women...”***) and are called by the love of Jesus (***“The love of Jesus calls us...”***) to transform the world (***“..may so transform the earth...”***), such that God’s kingdom is birthed (***“...that love and peace and justice may give God’s kingdom birth.”***).

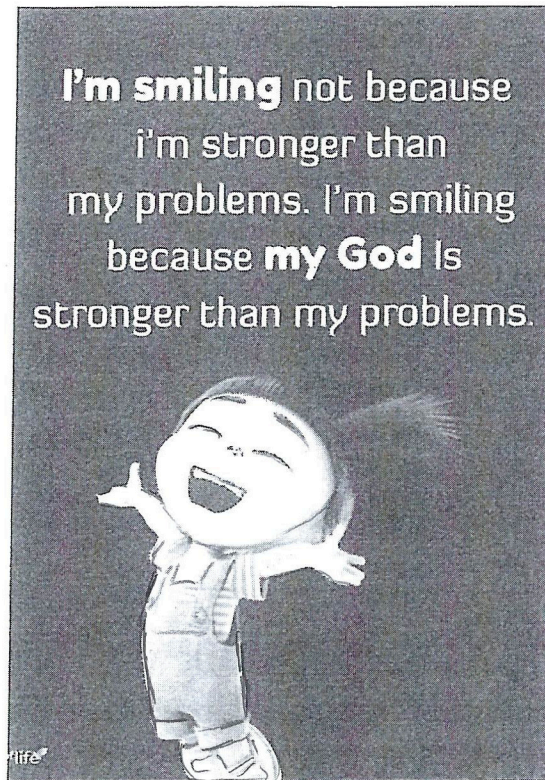


This transformation is evolving, We are very much in that liminal space of one foot and most of our body in the old space and a very tentative big toe in the cold waters of the new, with no clear idea of when we take the plunge, or more likely, the gradual easing in!! For the time being, and for the next number of months, we are the Anglican Church Women Diocesan Board engaging with these ideas and emerging possibilities. However, the Board, as noted, does have as its theme for 2022/23, ***New and Wondrous Ways***, from the last verse of ***The Love of Jesus Calls Us***.

The love of Jesus calls us, in swiftly changing days,
to be God's co-creators in ***new and wondrous ways***;
that God, with men and women, may so transform the earth,
that love and peace and justice may give God's kingdom birth.

Cynthia Pilichos

Co-coordinator



We Shall All Be Changed

The Anglican Church Women Diocesan Board is right in line with the theme for our Diocesan Synod 2022: *We Shall All Be Changed*. Our Bishop, +Sandra Fyfe, offers this brief reflection on the theme:

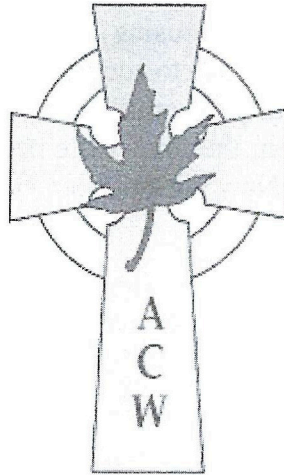
“When Paul wrote these words to the people of first century Corinth, he was encouraging them to have hope in Jesus’ return which, at the time, seemed imminent. Paul understood that this would change everything — and everyone. While our context is different than the one Paul was writing for, we still wait in hope and expectation. However, as we move through this latest wave of Covid-19 and into our third year of living in the midst of a global pandemic, the words “we shall all be changed” resonate deeply. We shall all be changed by this experience. That seems clear. Synod will provide opportunities for us to reflect on the ways we have been changed — as God’s people and God’s Church — and allow us to explore how God may be calling us to adapt. Through presentations, table discussions, Bible study, worship and prayer, we will consider what it means to live faithfully, as followers of Jesus, in this time.”

The Anglican Church Women Diocesan Board has heard God’s call to adapt and has been engaging in this exploration of future possibilities for a number of months now.

Cynthia Pilichos, Co-ordinator,
with thanks to *Bishop Sandra*

**Do what you can, being what you are,
Shine like a glow worm, if you can’t be a star.
Work like a pulley, if you can’t be a crane,
Be a wheel-greaser, if you can’t drive the train.**

ANGLICAN CHURCH WOMEN
NATIONAL PRESIDENTS' 2022 CONFERENCE



“Walk Humbly With Your God”

September 29 – October 2, 2022

Glynmill Inn Hotel

Corner Brook, Newfoundland and Labrador

At the time of writing for this issue of *Keeping in Touch*, Marjorie Davis, Treasurer, and Cynthia Pilichos, Co-coordinator, are planning to attend the National Conference, *Walk Humbly With Your God*, hosted by the Anglican Church Women Board for the Diocese of Western Newfoundland and the National Executive Committee (Table Officers). We are looking forward to exploring with colleagues across the country ideas and insights about the theme and issues of mutual interest and concern, while appreciating the opportunity to be together in person again after two years of not being able to do this.

Marjorie Davis and Cynthia Pilichos

Anglican Church Women Diocesan Board - NS/PEI

Generosity Abounds

The Anglican Church Women in the Diocese of New Westminster have provided a gift of \$100,000 to assist retired clergy with housing in the Council of the North dioceses and have challenged other ACW's across Canada to contribute to the fund. I am happy to say that our ACW Board approved unanimously to contribute \$500 to respond to this challenge and we have received a "thank you" from the immediate past President for the Anglican Church Women Board of the Diocese of New Westminster, Gail Revitt, for our contribution to their generous gift.

The money for this initiative is being given to the Anglican Foundation of Canada (AFC) to distribute, with an emphasis on helping Indigenous and non-stipendiary retired clergy. Details of how to structure this gift are still being developed. There is an excellent story about this gift in the June 2022 issue of *The Anglican Journal* (pages 1 & 9).

The May 2022 Anglican Church Women Board meeting in our diocese saw a number of generous expenditures: The satisfactory conclusion to the *Marguerite Centre: A Future with Hope* that had this Annual Project 2021/22 realize \$10,000; a \$1,000 contribution to the Board's Annual Project 2022/23, *All In For Youth* through the Board's *Say Yes! to Kids* P2P team; and, the \$500 gift for the Council of the North Retired Clergy Fund initiated by a very generous gift from the Anglican Church Women of the Diocese of New Westminster. It is worth noting that in the *Say Yes! to Kids 2021* campaign, it was the Anglican Church Women Diocesan Boards across Canada that contributed 10% of the total raised by that campaign.

To honour the Anglican Church Women National Conference in the fall of 2021, with the theme, *Thrive* (via Zoom), our Board made \$1,000 contribution to the *Anglican Healing Fund*, to be directed to Indigenous children in recognition that there were many from the former Indian Residential Schools who had not had the opportunity to survive, let alone thrive. It was our hope with that contribution that Indigenous children can be helped to thrive: to flourish and prosper; to grow and develop well.

Surely generosity abounds, to the benefit of many in need.

Cynthia Pilichos,

Co-coordinator



www.anglicanfoundation.org/2021rfp

Let's send
Indigenous Youth
to CLAY 2023



The Anglican Church Women Diocesan Board has a national focus for its 2022/23 Annual Project, ***All In for Youth!*** We are partnering with the Canadian Lutheran Anglican Youth (CLAY) to help the August 2023 gathering in Waterloo, ON, be a much more inclusive event, with greatly increased participation from Indigenous youth across Canada. High costs of sending Indigenous youth have prevented their attendance and participation in the past.

We have the power to change this by supporting a group of Indigenous youth to attend, and then enjoy and reflect on the CLAY experience together. Through our fundraising efforts we will send a clear message to the youngest members of our Indigenous church that their lives are important, that they matter, and that they are loved by their Anglican community.

With God's grace and your generosity, we can do this. Please give to this year's Annual Project, ***All In For Youth***

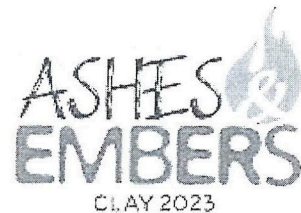
Contributions of whatever size are welcome: Cheques are payable to the Anglican Church Women Board; Annual Project in the memo line; addressed to Board Treasurer, Marjorie Davis, 204 – 111 Pebblecreek Drive, Dartmouth, B2W 0L1. Thank you.

We "jump started" our Annual Project 2022/23, ***All In For Youth!*** in late May and June by having the only Anglican Church Women ***Say Yes! to Kids 2022 Peer-to-Peer (P2P) fundraising team***, under the umbrella of the Anglican Foundation of Canada (AFC). This was a "new and wondrous way" for the Board to launch an Annual Project. The catalyst for the Board's ***All In For Youth!*** was a generous contribution from the Board itself (\$1,000) to our ***Say Yes! to Kids*** team that allowed ***All In For Youth!*** to be matched by an equally generous Anglican Foundation Angel, so we were promptly at \$2,000! Other contributions boosted the

total even higher, and then we were the recipients of a *Leadership Giving Boost* of \$1,350 from AFC!!! Wow! We received \$2,350 from AFC for ***All In For Youth!*** This is amazing support!

Say Yes! to Kids 2022 closed by July 1, Canada Day, and now we are appealing for your support for ***All In For Youth!*** to continue until March 31, 2023, this time contributing directly to the Anglican Church Women Board, as noted above, to help us make ***All In For Youth!*** be as successful as we know it can be. If you did not have the chance to contribute to ***All In For Youth!*** through AFC's ***Say Yes! to Kids*** in spring 2022, not to worry – it is not too late. Thank you to all those who have already contributed.

*Marjorie Davis, Connie English,
Ethel Nelson, and Cynthia Pilichos*
for the Anglican Church Women Board



Say Yes! to Kids Peer-to-Peer (P2P) **Fundraising with the Anglican Foundation**

The ***Say Yes! to Kids*** movement is here to stay with the Anglican Foundation! Do plan on coming on board in 2023 – form a parish P2P team and be supported all the way, start to finish, by the caring, expert team at the Anglican Foundation of Canada (AFC). No kids or youth to speak of in your parish? No Sunday School? Not to worry - there are kids in your community and there are surely some in a vulnerable situation, one way or another. Partner with a local school, day care centre, family support centre to respond to a need that your parish can help address by bringing in funds from your church and wider community through ***Say Yes! to Kids***. Make sure that your Rector/ Incumbent/Priest-in-Charge, Wardens, and Parish Council know that to ***Say Yes! to Kids*** can be an amazing experience for your parish and a real benefit for your community. Want to learn more and explore ways you can ***Say Yes! to Kids***, contact Cynthia at cjp2320@gmail.com

Cynthia Pilichos
Anglican Foundation Representative
for the Diocese of NS & PEI



Thank you for making a positive difference

The Board is very aware that our Annual Projects do make a positive difference, and we, in turn, thank you for your generosity for making this outcome possible. We want all in our parishes to realize that they can be part of these amazing initiatives – all Anglicans and all parishes are invited and encouraged to give to the 2022/23 Annual Project, ***All In For Youth!*** Cheques are payable to the ACW Board, with Annual Project in the memo line, addressed to Marjorie Davis, 204 – 111 Pebblecreek Drive, Dartmouth, NS B2W 0L1. All gifts, no matter the size, are welcome.

Thank you to all those who have already contributed, with a special “shout out” to those who made their contribution to ***All In For Youth!*** through the Board’s ***Say Yes! to Kids 2022 – Growing a brighter future, today*** team. We were delighted to be under the umbrella of the Anglican Foundation’s ***Say Yes! to Kids*** as we launched ***All In For Youth!*** to bring in funds to send Indigenous Youth to the *Canadian Lutheran Anglican Youth (CLAY) Gathering 2023*. The ***All In For Youth!*** project benefitted in so many ways from this ***Say Yes! to Kids*** “jump-start”, not the least being special matching funds and leadership boosts from the Foundation itself. Help us achieve our **goal of \$10,000 by March 31, 2023** for ***All In For Youth!*** as we continue to welcome funds for this project. We thank you in advance.

*Marjorie Davis, Connie English, Ethel Nelson, and
Cynthia Pilichos* for the Anglican Church Women Diocesan Board

*Start by doing what's
necessary, then what's possible,
and suddenly you are doing the
impossible.*

- St. Francis of Assisi

Change is in the Air!



As the air cools and the days shorten, we usually turn our minds to a fresh start as children and teachers return to school. This is a break from the heat and humidity of summer and a return to routine.

Hopefully we are all feeling refreshed and ready to face what comes next.

Part of this change of season is giving thanks for our many blessings: The abundant harvest of foods from our farms and the sea, an opportunity to get out and enjoy the fall colours, and so much more! Many parishes are gearing up for the Season of Creation and Harvest Thanksgiving. These occasions stir up our emotions and allow us to pause and think about the meaning of God's abundance in our lives. Economic conditions have certainly taken their toll on the cost of living but not on the fresh air, flowing waters and verdant nature all around us.

Mothers' Union worldwide has been keeping our membership united in prayer and strengthening our bonds of friendship. We started with the 2023 theme of renewal from the inside out: *Transformation...Now!* This was a hopeful, if daunting, challenge to build a bridge forward to the future, despite all the uncertainties we are facing. This is not merely change for change's sake, but an opportunity to consider what is most important for our organization and its members now and into the future. As we take stock of our lives and consider how to go forward, we are being transformed in the process.

We are looking hard at how we are structured, what works and doesn't work so well anymore, and setting priorities. The Canadian MU has a Lone Members group with whom our coordinator, Daphne Hinds, is in regular contact. These faithful MU members are spread out across the country with no branches in their areas. We are working to create a virtual online community where they can meet for prayer, get to know each other better and feel connected.

We are forging new links between our various branches within Zone B (North and South America) as well as with branches in other parts of the world. The MU Worldwide Wave of Prayer continues as we each say our midday prayers for the work of MU at home and abroad.

The staff of Mary Sumner House have been holding monthly Zoom meetings, bringing together Diocesan and Provincial Presidents to tackle issues of concern to us all. This is very important for MU in areas of unrest where our members face daily threats to their safety.

As always, the Canadian MU is happy to partner with the ACW on a variety of projects. The Canadian Council donated \$5,000. to the new Northern Clergy Retirement Fund, promoted by the Diocese of New Westminster ACW. This year, Branch leaders and Canadian Council will gather in November at our Biennial Conference to consider our next steps forward. The Diocesan Council of Mothers' Union in this Diocese will hold a hybrid Fall Rally in early October, gathering members and friends together.

Truly, by opening up our minds and hearts, we are making space for the Holy Spirit to move in our lives, transform us and inspire us to do God's will in the world.

"And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful." (Colossians 3:15)

Maxine Simpkin,

MU Diocesan President

*For I do not seek to understand in order
that I may believe, but I believe in order
that I may understand.*

Anselm of Canterbury (1033/4-1109)

Youth & Family Ministry

Intentionally Intergenerational Communities



DIOCESE OF NOVA SCOTIA & PEI

I attended a webinar recently about life-long faith formation, and while many parts of it were thought-provoking, helpful, and meaningful, there is one piece that I keep coming back to again and again. While I don't remember the exact words, I remember that the presenter, John Roberto, said something like: *Our communities gathered for worship are often multi-generational, but they don't truly become intergenerational unless we do something about that.*

Well. That hit me like a ton of bricks. I talk all the time about the value of our churches in offering intergenerational community when so many other kinds of communities we are part of are generationally limited. But what he said was deeply true, and so I've been a little off base. Sure, it's nice to have people of numerous generations all gathered together, but that in and of itself doesn't really offer much.

Often in worship, we largely keep to ourselves or those we came to church with, except maybe a little chat before or after the service. There's not necessarily anything inherently wrong with that, but if we are able to be intentional about inviting people to meaningfully engage with one another, then we can really get at the gift of having multiple generations gathered, learning from one another, and growing in faith together.

Here are some ideas for how to make that happen:

1. **Prayer Pods** - Instead of the regular intercessions, mix it up by encouraging everyone to partner up with 2 or 3 other people (with an aim to have a variety of ages!) and share prayers together.
2. **Group Discussions** - Build a time into the service where people chat (ideally with folks other than who they came to church with) about a reading or the sermon.

3. Incorporate a **Godly Play story** into your service (including time for wondering!) - Godly Play stories generally include a time of wondering about the story. Sharing in this as a congregation can provide meaningful opportunity for people of all ages to contribute and connect.
4. **Create a Collaborative Art Project** - Create something together as an expression of prayer or a response to readings.

There are endless ways to creatively engage and make the most of the opportunity that is presented by the gathering of multiple generations. When we do this, we open up the possibility for broader and deeper faith formation and strengthen relationships between those in the gathered community - and what a gift those things are!

What might you try in your community? I'd love to hear all about it!

Allie Colp

Diocesan Youth & Family Ministry Coordinator

The teacher asked the pupils to tell the meaning of lovingkindness. A little boy jumped up and said, "Well, if I was hungry and someone gave me a piece of bread that would be kindness. But if they put a little jelly on it, that would be loving kindness."



Bless the lord, O my soul... who crowneth thee with lovingkindness and tender mercies; Who satisfieth thy mouth with good things. Psalm 103:1,4,5

The Changing Face of Volunteerism

We are encouraged in the church to use our time, talent, and treasure to minister in a variety of ways. There is much Scriptural reference, especially in the letters of Paul, but not just Paul, to a variety of gifts being offered in service to the one body of Christ. From 1 Peter 4:10 – *Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.*

The missional ministry of the church would not be possible without lay leadership and engagement. We are called to a ministry of the whole people of God through our baptismal covenant. Moreover, we are familiar with the organizational structures, such as Anglican Church Women groups, Ladies Guilds, Mothers’ Union branches, Men’s Fellowship Groups to name a few, as vehicles in which this ministry can be expressed.

However, membership in these organizations as we know them has declined significantly over the space of decades and the majority of those who are sustaining the membership currently are either senior in age or approaching senior age. There is limited interest among a younger demographic in “joining” organizations styled as we have been used to. Indeed, some of these organizations have ceased to exist, such as the Junior League of Halifax. The sense of belonging, status, even a way of life that these organizations in the church and community offer to long serving members does not appeal to many under the age of 55. Moreover, connecting for this younger demographic is predominantly electronic and accomplished in a compressed time frame, irrespective of Covid.

This shift in volunteerism has changed not only social and fellowship engagement in the unpaid sector, but the very way service and commitment are realized. This waning, even loss, of allegiance to institutions is accompanied by a desire for less formality and structure. Involvement today is more likely to be associated with a cause in order to have impact, will be for a specific space of time, not longer term, and not to serve in an identified position in an organization. And, **a feature that is significant for the Anglican Church Women Board, and all women’s groups generally, is the noteworthy reduced interest in gender-specific organizations.**

Gaining a greater sense of the foregoing reality, and appreciating more fully that what we are experiencing in our church and community groups, is backed by decades of research into the changing face of volunteerism, has helped our Anglican Church Women Board engage in the exploration of possibilities for the future, to look at *new and wondrous ways* of being.

Cynthia Pilichos

Co-coordinator

Let Our Lives Be Our Thanksgiving

Let our lives be our Thanksgiving

To our Father up above;

Let us worship Him with Kindness;

Let us praise Him with love.

Let us honor Him with virtue;

Let good deeds become our prayer;

Let our lives be our thanksgiving

For the bounty that we share.

Diocese of Edmonton
ACW Newsletter Sept. 2021



A Happy Conclusion to the *Marguerite Centre: A Future with Hope*

The Board was delighted to be invited to St. George's Church, Head of St. Margaret's Bay in the Parish of French Village on Sunday, May 29th to present the cheque for the 2021/22 Annual Project, ***Marguerite Centre: A Future with Hope***. Marguerite Centre Executive Director, Lisa Mullin, was the guest presenter that Sunday. The location meant a lot, because the Mothers' Union in the Parish of French Village offers an ecumenical ministry with women from St. Luke's United Church, Tantallon, to the residents of the Marguerite Centre. These women at the Marguerite Centre are in this place of healing for women recovering from addiction and they are very appreciative of the time of fellowship and sharing with the women of these two church communities: French Village (Anglican) and St. Luke's (United).

Board Treasurer, Marjorie Davis, did the honours on May 29th and presented the Board's cheque to Lisa Mullin on behalf of all those who contributed to this Annual Project that realized **\$10,000!!** This is a total that really is able to help ensure a *future with hope!*

There is a photo of the presentation on the Board's facebook page:
<https://www.facebook.com/ACWBoardNSandPEI>

You do not need to be on facebook to appreciate all that Co-coordinator, Connie English, places on the Board's facebook page.

It was a very satisfying conclusion to a project that captured the imagination of many, especially as in 2021/22, we had had very few of our regular opportunities to promote ***Marguerite Centre: A Future with Hope***. Your generosity made this *future with hope* possible – as always, thank you very much.

*Marjorie Davis, Connie English, Ethel Nelson, and
Cynthia Pilichos* for the Anglican Church Women Board



The Marguerite Centre says: "Thank you!"

The Board was delighted to receive a "thank you" card from the Chair of the Marguerite Centre Board, Wendy Purcell, thanking us for our "**generous donation of \$10,000**" to the *Marguerite Centre: A Future with Hope*, the Board's Annual Project 2021/22. Wendy wanted to "personally reach out and thank [us] for [our] thoughtful contribution." The Marguerite Centre Board Chair went on to say that she knows we are well aware that "the Marguerite Centre is making a difference in the lives of women in Nova Scotia who are struggling with substance misuse and gambling addiction." The "thank you" card notes that with this \$10,000 gift, "the Marguerite Centre can continue to offer a holistic and women-centric approach to recovery by providing long term residential programming in a safe and non-judgmental environment." Wendy concluded that this support "means so much and will go a long way in helping the Centre remain a place *Where Life Begins Again*." In sending her thanks on behalf of the Board of the Marguerite Centre, Wendy noted that this generosity of our Anglican Church Women Diocesan Board means so much, offering us many thanks and blessings.

Cynthia Pilichos,

Co-coordinator

*If you want happiness for an hour, take a nap.
If you want happiness for a day, go fishing.
If you want happiness for a year, inherit a fortune.
If you want happiness for a lifetime, help somebody.*
-Chinese proverb

So live that you wouldn't be ashamed to
sell the family parrot to the town gossip.



Virtual Lenten Reflections 2022

We are well past Lent 2022, but it is worth commenting on the fact that we adapted the Anglican Church Women Board's traditional *Lenten Quiet Day* to a hybrid model on the afternoon of March 19, 2022, such that there were some in attendance at the hosting parish of St. John the Evangelist, Middle Sackville, and the rest were viewing the proceedings in their homes or parish churches. *Virtual Lenten Reflections 2022* was recorded and can be viewed and appreciated here: <https://youtu.be/M-VaRjzNhEw>

It was a pleasure to share the hosting with the Diocesan Mothers' Union and to have the Canadian Chaplain for Mothers' Union, Bishop Sue, open the afternoon with a short worship service. A traditional element that was maintained is that of having 3 postulants studying at the Atlantic School of Theology be our resource people. As expected, they were excellent. Two of the three are now ordained as transitional Deacons: Rev. Debbie Fice and Rev. Dawn-Lea Greer.

The relationship of the Atlantic School of Theology students and the Anglican Church Women Diocesan Board is a strong one. Each November, the Board presents *Kingston Memorial Fund* bursaries to qualifying postulants to support their theological studies. We appreciate, in turn, that the postulants offer to provide a reflection on the chosen theme(s) for what has been a Lenten Quiet Day. The adaptation to a virtual/hybrid event worked very well and we appreciated having the tech support of the Moxley's, under the leadership of Tanya. Thank you.

Dawn-Lea drew on the Anglican Church Women theme for 2021/22, ***Community: Care . . . Courage . . . Compassion*** to offer a 10-minute reflection as part of the Opening worship service. The next two 10-minute reflections drew on the Mothers' Union theme for 2022 ***With God noting is impossible: Transformation – Now!*** Debbie is the diocesan Mothers' Union Chaplain, and she was the first of the two on the Mothers' Union theme to present, followed by Ruth MacNeil. Both Debbie and Ruth concluded their reflection with questions for one to reflect on in one's own time at home. All the reflections lived up to their name – they gave rise to one reflecting and pondering on what was being presented – they were thought-provoking.

There was a short 5-minute break mid-way through the afternoon and everything was wrapped up in an hour and a half when we concluded with thanks to all, a closing prayer, episcopal blessing, and the Grace.

Cynthia Pilichos,
Co-coordinator






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Please note that we take your privacy seriously and do not sell or share our contact information with other organizations or companies. We only use it to contact Anglican Women in Nova Scotia and Prince Edward Island for the purposes of sharing information and programming.

Season of Creation

The season of Creation is celebrated during the four Sundays in September prior to St Francis of Assisi Day (4 October). Creationtide, or the Season of Creation, is the period in the annual church calendar (Sept. 1 – Oct. 4) dedicated to God as Creator and Sustainer of all life. Many churches choose to use this time of year to hold special services and events to give thanks for God's gift of creation, and to renew their commitment to caring for our one planet home.

The theme for the Season of Creation 2022 is: *Listen to the Voice of Creation*. During the COVID-19 pandemic, many have become familiar with the concept of being muted in conversations. Many voices are muted in public discourse around climate change and the ethics of Earth-keeping. These are voices of those who suffer the impacts of climate change. These are voices of people who hold generational wisdom about how to live gratefully within the limits of the land. These are voices of a diminishing diversity of more-than-human species. **It is the voice of the Earth.**

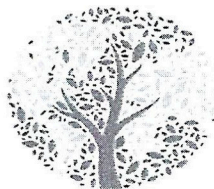
The sequence of readings for this season creates a liturgical pattern similar to that in the season of Advent. The readings are designed to provide a three-year cycle corresponding broadly to the years of Matthew, Mark and Luke in the Revised Common Lectionary. The sequence of readings in each series follows a broad pattern of creation, alienation, passion and new creation. The readings also give special attention to the story of Earth, which complements the story of God and the story of humanity in the Scriptures.

Ecumenical Patriarch Dimitrios 1 proclaimed September 1 as a Day of Prayer for Creation for the Orthodox in 1989. The World Council of Churches extended the one day to a full season and encouraged Christians worldwide (2.2 billion) to participate. Pope Francis made it part of the liturgical year for Roman Catholics in 2015.

The Season of Creation is a time to renew our relationship with our Creator and all creation through celebration and commitment together. During the Season of Creation, we join our sisters and brothers in the ecumenical family in prayer and action for our common home.

Cynthía Pílichos,

Co-coordinator



**SEASON OF
CREATION**

DIOCESAN ENVIRONMENT NETWORK (DEN)



The Parish Green

Those of us of a certain age remember when, come Sunday morning, you went to church. You didn't think about it, debate it, or fight it; you simply went to church. Like many other kids, it was my Nana and I, dressed with hats and white gloves, exiting the car. Traffic nudged its way around the churchgoers, busy in conversations. After, service groups would knot together again to plan or organize the next "community" event. Community and church went hand in hand. Fast forward more years than many of us want to admit; Grandma walks toward St. Barnabas again, careful not to be run down by the Sunday travelers.

There appears to be this separation of church and community. Even when you start to bridge that gap, there is a separation between parishes. To my shame, I knew nothing of the parishes in the Prince Edward Island part of our Diocese. Nova Scotia parishes fare little better. Why? My grandmother could name off people and events in just about every parish, a great feat, considering she never stepped foot in PEI.

One reason they knew about one another was because of that church publication sitting on the windowsill, to be re-read a couple of times, before heading to the wood box. Enter the Diocesan Environment Network and their weekly e-news. Yes, I said weekly. Week after week, that e-news tells of events planned, petitions to support, and prayers. Then there is this "*Grandma's Going Green*" column with a green story, green craft, and a recipe. We expanded to a gardening section recently.

We now take one more stop. We call it, "*The Parish Green*". We are looking for, don't say it too loud, "volunteers" (Don't run!) We have a lot of newsletter space we could fill. We want **Parish News**. We are looking for snips of news to share; nothing big, nothing earth-shattering. We need news of things in the community your PARISH sits in, news that involves all the people.

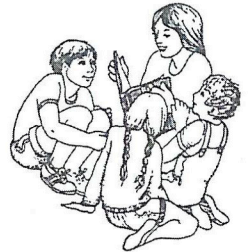
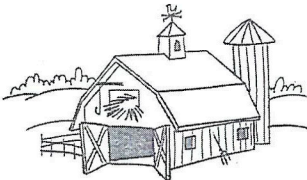
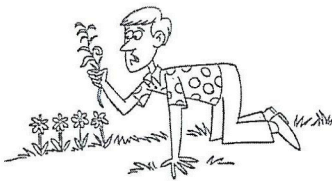
Green news does not need to be this big environment project on the go. Rather, it could be news like.... how many pounds of potatoes do you need for a ham supper that feeds 200 people? Take a picture of people peeling those spuds. Does your Fire Department or Community Centre have recycling bins? To those with a cell phone, snap pictures and send them, along with a few words. I just need the name of your Parish, where it is located, and

then maybe something like “Jen Smith showed the kids how to make planting pots from newspapers.” It doesn’t have to be a church or community event. Maybe Mrs. Jones grows great sunflowers. Maybe there is a ball game at the rec field. When you live in the country it is hard NOT to be “green”.

Send your news to claudiaazinck@gmail.com or send your news to, and/or sign up for, the DEN newsletter at endionspei@gmail.com Together we can start building those community stories, building those Parish stories. If lucky, we can make the two provinces of parishes feel a bit closer together again.

Claudia Zinck

Diocesan Environment Network



Prayer for Agriculture

Almighty God, we thank you for making the fruitful earth produce what is needed for life. Bless those who work in the fields give us favourable weather; and grant that all may share the fruits of the earth, rejoicing in your goodness; through your son Jesus Christ our Lord.

Diocese of Edmonton, ACW Newsletter, Sept. 2021

EDUCATION

The White Ribbon Campaign

Perhaps you have thought for the last couple of years, that we've heard about the White Ribbon Campaign so many times that it's losing its impact. The reality is that nothing could be further from the truth. If anything, during the Covid 19 pandemic, we heard that domestic violence was on the rise. The added stresses of working from home with less than adequate space to do so, sometimes being out of work due to business closures, the feeling of helplessness at not being able to provide for our families adequately, have caused some people to reach the breaking point.

I'm suggesting that, as well as passing out white ribbons this year, we include a couple of helpful sites people may like to view.

<https://www.whiteribbon.ca> is the main site. Under **What We Do**, in Technical Assistance, you can learn more about how White Ribbon can support community organizations. There are also many videos.

Under **Resources**, there are many **Workshops** being offered as well as suggestions of how to get started by creating a safe space where a discussion could take place. These are for schools, businesses, men's groups and other community stakeholders to continue to work against gender-based violence and encourage positive role models for men and boys in our society.

<https://www.whiteribbon.ca/dayafterday> is a hard-hitting public service announcement video.

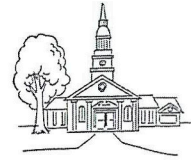
There is a need for caution, as, with any societal change, this topic is not always accepted by all members of society. Even after 30 plus years, the White Ribbon program still has work to do.

Our job as Anglican Church Women is to educate ourselves and spread the word to groups in our communities who may wish to take on the challenge that gender-based violence is not acceptable, and there is help in discovering ways to meet that challenge.

Ethel Nelson
Education Chair



Chaplain's Corner



Hi folks,

St. Luke's Feast Day will be coming up on October 18. Luke is known to us chiefly as the author of two of the books of the Christian scriptures – the gospel of Luke and the Acts of the Apostles. Though we don't know much about his life, Luke is referred to in the letter to Colossians as "*the beloved physician*". This traditional belief that Luke was a man of healing had led to him being named the patron saint of physicians and surgeons (along with artists, bachelors, students and butchers!) Many healing organizations are named for Luke. One of which you may be aware in Anglican circles is the Order of St. Luke the Physician. This order comprises clergy and laity of the church who believe that the scriptures set forth healing as a continuing and essential part of the ministry committed to the church by Jesus. Members of the order are called to make healing a regular part of their Christian life. Many parishes make times of prayer and the laying on of hands for healing a regular part of their ministry.

I thought about the ministry of healing at various times in the pandemic we have experienced over the last two+ years. We saw God bless the world with healing in many ways in the face of that time of so much illness and death. We saw the environment slowly healing as so many of us did not drive to go about our work or the regular business of life. Reports from around the world spoke of the return of birds to areas that did not normally see them and aquatic creatures to rivers and canals usually too polluted to support them. We saw people coming (often virtually or by phone) for prayer for their loved ones suffering from the virus and many were healed and encouraged. We saw people juggling fear about the future being reached out to by others with faithful strength and peace in new and creative ways. And we continued as a family of faith to help those God was calling on to the greater healing of fullness of life beyond death. Healing came in so many ways in this very strange time.

And now as we come to another St. Luke's Day, we wonder about how the healing presence of God will be displayed in our midst now. We pray for healing for those still affected by the virus and other new variants. We pray for those whose mental health has been affected by the strain of these last few years. We pray for healing of the cracks that have become obvious in our health care systems, government and society with the pandemic's weight. We pray that the healing lessons we have learned about our place in the wider creation may not

be lost but may be taken up with new purpose and intensity. And we pray for churches which have experienced decreased numbers and lessened strength because of the limitations of restrictions and distancing during this time. May the healthful grace of the Holy Spirit fill our leaders and congregations with a sense of renewal so that we can meet the days ahead.

We pray all of this in the words of the collect for St. Luke's Day:

Almighty God, who inspired Luke the physician to proclaim the love and healing power of your Son, give your Church, by the grace of the Spirit and the medicine of the gospel, the same love and power to heal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.



In peace and prayer,

Lori

The Rev. Lori Ramsey
ACW Board Chaplain

Our Father, as we now finish the work of the Altar for this day, we commend that work to your mercy and ourselves to your keeping. Bless what we have done to the furtherance of your kingdom, and bless us your servants in the fulfillment of our calling to serve you in the Altar Guild. Send us forth in peace and in the power of your Holy Spirit. We ask it in the name of Jesus Christ our Lord. *Amen.*

Altar Guild Prayers

Heavenly Father, make us diligent in detail and attentive to the needs of both priest and people in the common prayer of your church. Grant that this Altar Guild may help to provide all that is necessary and appropriate for the worship of your holy Name in this place, to your honour and glory; through Jesus Christ, our Lord.
Amen.

DEVOTIONS

Mama Mia!

Let me make two things clear. First, I am all for the Confederation Centre of the Arts trying new things, even if it's not my thing. Secondly, I have a kind of admiration for Islanders who have never seen Anne of Green Gables: The Musical.

I am not a fan of the pop group ABBA. I applaud the Centre for trying a new thing and their choice to present Mamma Mia! This season. It was clearly a good idea, but I had no desire to attend. No amount of coaxing would convince me. No matter how good it was, no matter how much better than the Toronto or New York shows, I was happy to stay home. Plus, I secretly thought that maybe I would be held in the high esteem I held those few Islanders who've missed out on Anne (albeit, held in esteem by an increasingly small number of people).

Unfortunately, my refusal to attend came to an abrupt end. A few days before his death, Tom DeBlois bought tickets for himself and Claudia. After the funeral, Claudia presented me with the tickets, in appreciation for helping with the funeral. How could I say no? And in honour of my friend Tom, I attended Mama Mia! And I'm glad I did. I had fun. I'm not suddenly an AB BA fan, but I enjoyed the show.

I don't know what I was thinking by staying home - that I knew all I needed to know, having never seen the musical or the movie, or actually listened to an ABBA album. Which brings me to my point. Lots of people stay home from Church, thinking they know all they need to know about God. It's our responsibility to be the Gospel, to live in such a way that others begin to doubt their complacency (agnosticism, atheism). And to invite people to Church: The Musical.

September is Back to Church month, a time when we remind ourselves that it's ok to invite people to Church all year long. They will be glad you did. In fact, studies show that they already want you to invite them. Please, help draw people into a life with Christ.



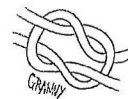
Archdeacon John Clarke

St. Paul's Church, Charlottetown, PEI

Sunday Bulletin, September 4, 2016



The Knots Prayer



Dear God:

Please untie the knots that are in my mind, my heart and my life.
Remove the have nots, the can nots and the do nots that I have in my mind.

Erase the will knots, may nots, might nots that may find a home in my heart.

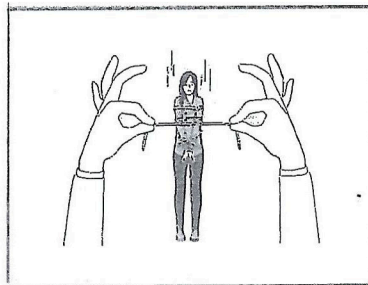
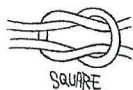
Release me from the could nots, would nots and should nots that obstruct
my life.

And most of all, Dear God, I ask that you remove from my mind,
my heart and my life all of the "am nots" that I have allowed to hold me back,
especially the thought that I am not good enough.

Amen

Author Known to God

(previously printed in
"Keeping in Touch..." Fall 2010)



*Almighty Father, thank You for the loving-kindness
You've shown me through Your Son, Jesus. Please
help me to reflect Your love in even the smallest
things I do today.*

Diocese of Edmonton, ACW Newsletter, June 2022

Beverly Scammell

Devotions Chair

Appreciation for the recognition of *“International Widows Day”*



On June 14, 2022. Cynthia received a letter from Rilla Sommerville of *Empowering Widows*:

“As a long-time Anglican, I know how committed the ACW is to strengthening the discipleship of the women of our churches, and how concerned they are for the marginalized and the struggling in our local communities, as well as in the world.

*So, I know that members of your ACW chapters are well aware of the existence of destitute widows in many countries of the Global South. But they may not be aware that **June 23rd** each year is marked as **International Widows Day**, and is an opportunity to really look at the tragic plight of millions of these women. More especially, it's an opportunity to listen to God's heart for them.”*

Rilla provided further information to help make one more conscious of the need of so many of these impoverished widows, encouraging us to pray for “*God’s kingdom to come amongst even the most destitute of widows.*” She concluded her letter with the wish that God bless us in our very special ministry.

The Board did share widely the *Empowering Widows* web address and further did place a notice in the June 22 edition of the diocesan *NetNews*, noting that June 23 is *International Widows Day*. We emphasized that there are many countries where the plight of widows is beyond tragic. Indeed, there are over 38 million widows worldwide, many with dependent children, living in extreme poverty, often subject to dehumanizing and cruel traditions. *Empowering Widows* encourages all of us to learn more about these marginalized, excluded, even invisible in plain sight, women: <https://empoweringwidows.com>

We noted that the world acknowledges the existence of destitute widows on *International Widows Day* – June 23 - and we encouraged all to uphold them in prayer. This ministry of prayer need not be limited to one day of the year – please keep these destitute widows in your prayers throughout the year. We let Rilla Sommerville know that we had placed this

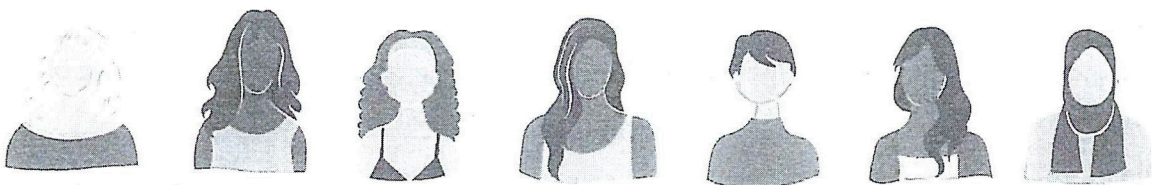
bulletin in the diocese's weekly *NetNews* in time for ***International Widows Day***. While I personally did have awareness of the plight of so many widows worldwide, I had not been aware that there was an ***International Widows Day***, just as Rilla Sommerville suggested might be the case for many of us.

It was a pleasure to receive immediately from Rilla Sommerville the following:

Thank you, from the bottom of my heart, for your very compassionate and proactive response to my letter. I am always deeply moved when another person feels the awful pain of these women's existence and joins in prayer for their betterment. Thank you so much for fanning out this information, and for writing such a powerful PR piece to be included in your news bulletin. May God give each of us bigger hearts to include the destitute widows of the world in our compassion. Blessings and shalom, Rilla.

One can contact Rilla, if you wish, at: empowe63@empoweringwidows.com

Cynthia



**It's good to be a Christian and know it, but
it's better to be a Christian and show it!**

*By this shall all men know that ye are my disciples,
if ye have love one to another. John 13:35*

REGIONAL REPRESENTATIVES



Chignecto Region

Once more the seasons change, there is a difference in the air, even though the weather is still warm. There is also a change among the ladies of many of the Anglican Women's Groups. Like the year we are all aging, though we are warm and functioning, just slower! Most groups have not been meeting regularly, if at all, due to Covid-19 health restrictions or during the summer months, but are looking forward to doing so come September.

The Parish of Lantz has a new ordained deacon, to be ordained Priest in December. She replaces Rev. Canon David Fletcher who retired in February. A welcoming parish luncheon, combined with the Sunday School closing was held in June for Jane McGrath and her partner at St. Georges Dutch Settlement.

Their parish bakers made rhubarb pies for sale in May and their renown apple pies and apple crisps in September.

In 2024 St. George's will celebrate their 150th anniversary and would like to obtain a bell to mark the occasion. An old second hand one, maybe from a deconsecrated church would be perfect. Any ideas ladies?

St. James in Shubenacadie catered a supper for the Milford Fire Department's 80th Anniversary in June. Post morning service coffee time has resumed but their 130 Anniversary Lunch has been curtailed due to health restrictions. A yard sale is planned for September and the regular Seniors Luncheons will also resume in the Fall.

There are 297 Pharmacies in Nova Scotia each dispensing over 1,000 little plastic pill bottles each week, over 12,000,000 pill bottles each year - many of which end up in the garbage. St. James ladies are collecting them, to return to the local pharmacy for recycling (not reuse in the store). Most pharmacies will accept them.

Anything we can do to reduce garbage and help encourage recycling will help us to live up to our baptismal covenant - "to safeguard the integrity of God's creation and respect, sustain and renew the life of the earth" (revised at General Synod 2013). Also, "caring for creation" is one of the 5 Marks of Mission. Plastic made from oil, although a great convenience has become one of the curses of modern life. **This is a small and easy thing to do.**

The memorial wreaths that are placed at the Cenotaph on November 11th are collected later in the month by the Shubenacadie Legion members early in December. They are stripped and redecorated by ladies of the community with donated and recycled Christmas

decorations, and assembled as Christmas wreaths. Recycling for a worthwhile event. All the wreaths are donated to the local Food Bank for their customers.

The two ACW groups at St. John's in Truro have not held meeting sin the past year and will probably fold when they meet in September. The decision being made mainly due to health-related problems - travel being one of them.

The parishioners at All Saints, Springhill, invited members of St. George's, Parrsboro, to join them for their Victoria Tea in May. During Old Home Week in July a Strawberry and Salad Lunch was served. Their pre-11am morning service coffee time has resumed each Sunday. Monthly Sunday lunches are planned for the Fall.

St. George's, Parrsboro, held a Fish Cake and Baked Bean take-out supper in June, with another take-out supper planned for the Fall.

A Yard Sale was held by the congregation at Christ Church I Amherst in May. The proceeds went to assist a family who lost their home in a fire in April. An Auction and Dessert Day are planned for October. Their Ladies Advent Day of Readings and Prayer are planned for December.

Most groups are planning to make white ribbons pins to give out on White Ribbon Sunday in November.

Thanksgiving and Christmas seasons will see many of the ladies decorating their church sanctuaries, which hopefully will see them open for services this year.

Many activities which have been curtailed over the past couple of years will probably be planned and restarted when the groups meet again in the fall.

Regardless of how the groups function and change over time, the ladies always step up to the necessary things, be it dressing the altar or preparing for funerals or celebrations. They remain the heart of the church.

Thank you, ladies, - keep up the good work.

Respectfully submitted,

Ann Williams

Chignecto Regional Rep.

Theme for 2022/23
Embracing Change
in
New and Wondrous Ways
Change is in the air!
Crossroads...Transformation on
the Horizon

Eastern Shore Region

We had the Rev. Trisha Ingram as our Priest-in-charge for 18 months ending June 30th, 2022. She went well beyond our expectations. She and her husband Dave provided wonderful music as well. Thank you Rev. Trisha and Dave! Our Parochial Committee is now working on advertising for a new part-time Priest. We are really enjoying our time with our theological student Rob Paddock. He has a big voice, is very enthusiastic and everyone loves him. He is with us until the end of August.

We are trying a 4-week Bible Camp for the children on our **Church School By Mail** list. It will be run by myself, Lauralee Kennedy and Rob Paddock. We have renamed our Church School by Mail after Bernice Logan - **THE PARISH OF TANGIER CHURCH SCHOOL BY MAIL IN MEMORY OF BERNICE LOGAN**. We were given a large donation by a dear friend of Bernice so we can continue her good work with children in her name. It is an honour to do so.

We celebrated the life of Bernice with her Family on June 18th. As you can expect, the Church was full of family and friends who wanted to share their love for this special lady, who did so much for our Parish and beyond. Rest in peace and rise in glory, Bernice. (Editor's note: Bernice was a long-time member of the Anglican Church Women Diocesan Board.)

St. Michael's in Sheet Harbour was deconsecrated on May 12th. Bishop Sandra led a lovely, but sad, service to close this beautiful church.

We had a beach service at Taylor's Head Provincial Park again this year. Held on Sunday, July 31st, it was a month earlier than previous years.

We held a fund raiser in unison with the Parish of Port Dufferin in May for the Rainbow Food Bank. It was well attended and brought in over \$2,000 in cash plus approximately \$300 in groceries.

Sue Slauenwhite

Eastern Shore Rep.

The person who stays out of church because there are too many hypocrites in it, is doing the right thing; one more wouldn't improve the situation.

Prince Edward Island

The Anglican Church Women's Binney Group at St. Peter's Cathedral, Charlottetown, has been busy. They continue to keep in touch with members of the parish through visits, cards and phone calls. A luncheon was held at the Charlottetown Hotel on May 13, 2022 on behalf of the Cathedral as an opportunity for fellowship and friendship with members of our congregation and friends.

The ACW Binney Group has future fundraising events planned including a lobster supper, quilt raffle, yard sale, clothing boutique and comfort bears - the funds from which are used to support various charities and needs of the Cathedral. We have provided handknit "comfort" teddy beard and hats to be included in donation boxes being sent to the Ukraine.

In August, St. Alban's Church in Souris will celebrate the 125th Anniversary of the first service held in Souris and the new bell tower and cross will be dedicated in memory of Canon Robert Tuck for his years of service with that parish.

Sally Goddard

ACW Communications Coordinator for PEI



To my children: Never make fun of having to help me with computer stuff. I taught you how to use a spoon!

Valley Region

As I write this, Spring is almost over and that can only mean one thing - summertime! While Covid-19 is still a reality (although some act as if it were over and done with), things finally seem to be getting back to being just a little bit like old times - thank goodness!

With that in mind, ACWs are getting back on track and members throughout the Valley Region are beginning to resume some of their long held traditions. Just getting to meet regularly in an accomplishment, it would seem. Fellowship in person is now possible and much needed connections and relationships are being renewed. Some groups never stopped their meetings and outreach, and Easter wouldn't have been the same without visits to shut-ins with gift baskets and cards from the kind ladies of Hantsport ACW.

Yard sales are in the offing as an accumulation of junk - I mean *treasure* - needs to be dispersed to new and deserving homes. Quilt shows and used books sales are returning and the ACW of St. Luke's in Annapolis Royal is even having a *Fashion Fiesta* selling gently used, good quality clothes. Fall bake sales are not far off and suppers and other catering opportunities are presently on the increase. All Saints ACW in Kingston recently had a successful Ham and Baked Bean Take-out Supper with another supper planned for the fall. Over in Hantsport, a Strawberry Supper will be the perfect way to end the month of June. While funerals are always a sad occasion, the lessening of Covid restrictions does allow for in-person gathering and the much needed ACW catering that accompanies such times of sadness.

It is indeed gratifying that life is slowly getting back to (almost) normal - whatever that may be. May we continue to feel God's presence in our lives as we go about our various endeavors this season.

I hope everyone had a safe and beautiful summer as we all look forward to what the Fall season will bring.

Blessings,

Sheila Hulford
Valley Representative



May you never be the reason why someone who loves to sing, doesn't anymore. Or why someone who dressed so differently now wears standard clothing. Or why someone who always spoke of their dreams so wildly is now silent about them. May you never be the reason for someone giving up on a part of them because you were demotivating, non-appreciative, or even worse, sarcastic about it.

CALENDAR CLIPS FOR 2022



Thursday, **September 1/22** – *Season of Creation* begins (see page 23)

Monday, **September 5/22** – Labour Day

Thursday, **September 8/22** – The Nativity of the Blessed Virgin Mary

Wednesday, **September 14/22** – Holy Cross Day

Wednesday, **September 21/22** – St. Matthew, Apostle & Evangelist

Thursday, **September 29/22** – St. Michael & All Angels

Tuesday, **October 4/22** – St. Francis of Assisi, Friar and the end of the *Season of Creation*

Sunday, **October 9/22** – Harvest Thanksgiving

Friday, **October 14** – Sunday, **October 16/22** – Diocesan Synod: *We Shall All Be Changed*

Tuesday, **October 18/22** – St. Luke the Evangelist

Friday, **October 28/22** – St. Simon & St. Jude, Apostles

Tuesday, **November 1/22** – All Saints Day

Wednesday, **November 2/22** – All Souls Day

Friday, **November 11/22** – Remembrance Day – Lest We Forget

Sunday, **November 20/22** – Last Sunday after Pentecost: The Reign of Christ the King and *White Ribbon Sunday (WRS)* to raise awareness of gender-based violence: ***I pledge never to commit, condone or remain silent about all forms of gender-based violence and discrimination***

Friday, **November 25/22** – *International Day for the Elimination of Violence Against Women* and the start of the *16 Days of Activism Against Gender-based Violence Campaign*, an international initiative highlighting key dates



Sunday, **November 27/22** – First Day of Advent

Tuesday, **November 29/22** – *International Women Human Rights Defenders Day (WHRD)*

Wednesday, **November 30/22** – St. Andrew, Apostle

Thursday, **December 1/22** – *World Aids Day*

Tuesday, **December 6/22** – *Canada's National Day of Remembrance and Action on Violence Against Women*, commemorating the Anniversary of the *Montreal Massacre* of 1989

Saturday, **December 10/22** - *International Humans Rights Day* and the close of the *16 Days of Activism Against Gender-based Violence Campaign*

Saturday, **December 24/22** – Christmas Eve and Sunday, **December 25/22** – The Birth of the Lord: Christmas Day

Monday, **December 26/22** – St. Stephen, Deacon and Martyr and Kwanzaa begins – Boxing Day

Tuesday, **December 27/22** – St. John, Apostle and Evangelist

Wednesday, **December 28/22** – The Holy Innocents

Saturday, **December 31/22** – New Year's Eve



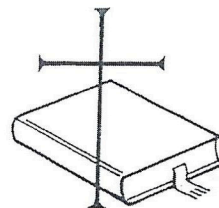
A wise old owl lived in an oak,
The more he saw, the less he spoke;
The less he spoke, the more he heard,
Why can't we be like that old bird?

Canadian Church Calendar 2023 Ordering Alert

The **Anglican Church Women Diocesan Board** will not be coordinating the **Canadian Church Calendar** orders for sale to the parishes this fall (2022) or into the future. Fortunately, it is possible for parishes/churches to order the Canadian Church Calendars directly from the Anglican Church of Canada (ACC) e-store: www.anglican.ca/calendar So, starting in the summer and fall of 2022, churches and parishes will need to place their Canadian Church Calendar 2023 order directly with the ACC e-store.

The ACC e-store service offers **many benefits**: It is possible to secure **25 plus calendars at very good value and there is free ground shipping as long as the subtotal (pre-tax amount) of the calendar order is \$50!** This is only 10 calendars! **Free ground shipping is an obvious benefit!** Placing an order with the ACC's e-store means that **the order is pre-paid with a credit card at the time of placing the order. Ordering is done on-line.**

www.anglican.ca/calendar



ON BEING THANKFUL

God has two dwellings: one in Heaven and the other in a meek and thankful heart. Izaak Walton

Izaak Walton (baptised 21 September 1593-15 December 1683) was an English writer. Best known as the author of *The Compleat Angler*, he also wrote a number of short biographies, including one of his friend, John Donne. They have been collected under the title of *Walton's Lives*.

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Colossians 3:15

And whatsoever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him. Colossians 3:17

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(11 Aug/22)

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One day a very wealthy father took his son on a trip to the country for the sole purpose of showing his son how it was to be poor. They spent a few days and nights on the farm of what would be considered a very poor family.

After their return from the trip, the father asked his son how he liked the trip. *"It was great, Dad,"* the son replied. *"Did you see how poor people can be?"* the father asked. *"Oh Yeah,"* said the son.

"So what did you learn from the trip?" asked the father. The son answered, *"I saw that we have one dog and they had four. We have a pool that reached to the middle of our garden and they have creek that has no end. We have imported lanterns in our garden and they have the stars at night. Our patio reached to the front yard and they have a whole horizon."*

"We have a small piece of land to live on and they have fields that go beyond our sight. We have servants who serve us, but they serve others."

"We buy our food, but they grow theirs. We have walls around our property to protect us, they have friends to protect them." The boy's father was speechless. Then his son added. *"It showed me just how poor we really are."*

Too many times we forget what we have and concentrate on what we don't have. What is one person's worthless object is another's prize possession. It is all based on one's perspective.

Sometimes it takes the perspective of a child to remind us what's important.

