



A Short Form of Daily Prayer During a Time of Isolation

+ In the name of the Father, Son and Holy Spirit.

Opening Prayer

God who in Jesus stills the storm
and soothes the frantic heart,
Bring hope and courage to us
as we wait in uncertainty.
Make us equal to whatever lies ahead.
Give us courage to endure what cannot be avoided,
For your will I hope and wholeness;
You are God and we need you. Amen.

Canticle:

- 1 The wilderness and the dry land shall rejoice, •
the desert shall blossom and burst into song.
- 2 They shall see the glory of the Lord, •
the majesty of our God.
- 3 Strengthen the weary hands, •
and make firm the feeble knees.
- 4 Say to the anxious, 'Be strong, fear not,
your God is coming with judgement, •
coming with judgement to save you.'
- 5 Then shall the eyes of the blind be opened, •
and the ears of the deaf unstopped;
- 6 Then shall the lame leap like a hart, •
and the tongue of the dumb sing for joy.
- 7 For waters shall break forth in the wilderness, •
and streams in the desert.

**Glorify to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for
ever. Amen.**



The Reading for Day

*If you are using a lectionary,
please refer to the reading for
the day. Alternatively, take
time to time meditate on one
of the following verses:*

God is love, and those who abide in love abide in God, and God abides in them. Love has been perfected among us in this: that we may have boldness on the day of judgement, because as he is, so are we in this world. *1John4.16b-17*

Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need. *Hebrews 4.14-16*

The LORD upholds all who are falling, and raises up all who are bowed down. The eyes of all look to you, and you give them their food in due season. You open your hand, satisfying the desire of every living thing. The LORD is just in all his ways, and kind in all his doings. The LORD is near to all who call on him, to all who call on him in truth. *Psalm 145.14-18*

Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, 'For your sake we are being killed all day long; we are accounted as sheep to be slaughtered.' No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers. *Romans 8.35-38*

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light.' *Matthew 11.28-30*

The Prayers

Holy God, in whom we live and move and have our being, we make our prayer to you, saying, Lord, hear us.

Grant to all who seek you the assurance of your presence, your power and your peace. Lord, hear us.

Grant your healing grace to [name and] all who are sick that they may be made whole in body, mind and spirit. Lord, hear us.

Grant to all who minister to the suffering wisdom and skill, sympathy and patience. Lord, hear us.

Sustain and support the anxious and fearful and lift up all who are brought low. Lord, hear us.

Almighty God, whose Son revealed in signs and miracles the wonder of your saving presence: renew all your people with your heavenly grace, and in all our weakness sustain us by your mighty power, through Jesus Christ our Lord.

Amen.

Our Father.....

Conclusion:

May the divine helper remain with us always,
And with our loved ones everywhere. Amen.



USEFUL PRAYERS

Be with us Spirit of God
Nothing can separate us from our love.
Breathe on us, breath of God;

Fill us with your saving power.
Speak in us, wisdom of God;
Bring strength, healing and peace.
The Lord is here.
His Spirit is with us.

(From Common Worship, Church of England)

Divine physician, we pray you to continue Christ's healing work in our hospitals and homes. Give skill, understanding, and sympathy to all who minister to the sick and strengthen them in their work of mercy.

(from Church of Ireland Book of Common Prayer 2004)

Almighty and ever living God, whose Son Jesus Christ healed the sick and restored them to wholeness of life, look with compassion on the anguish of the world, and by your power make whole all peoples and nations; through Jesus Christ your Son. Amen.

(B.A.S. p.355)

God of grace, power and mercy; look on your servant *(name)* with love. Give *(them / me)* courage and complete confidence in your care and protection. Keep *(them / me)* in peace, through your Son, Jesus Christ. Amen.

(The Pastoral and Occasional Services, Melanesia)

Hear us, Lord, when we cry to you.
Calm our bodies and minds with the peace that passes understanding, and make us radiant with the knowledge of your goodness; through Jesus Christ our Lord. Amen.

(B.A.S. p.746)

Gracious God, in the night of distress, we forget the days of Sun and joy. Even when we do not know your presence, preserve us from the dark torrent of despair. We ask this in the name of Jesus Christ. Amen.

(B.A.S. p759)

In darkness and in light, in trouble and in joy, help us, heavenly father, to trust you love, to serve your purpose, and to praise your name; through Jesus Christ our Lord.

(Joint Liturgical Group of Great Britain)

God our healer, keep us aware of your presence,
Support us with your power,
Comfort us with your protection,
Give us strength and establish us in your peace. Amen.

(New Zealand Prayer Book)

You Lord are in this place,
Your presence fills it,
Your presence is peace.

You Lord are in my life,
Your presence fills it,
Your presence is peace.

You Lord are in the storm,
Your presence fills it,
Your presence is peace.

(by David Adam)

Keep watch dear Lord, with those who wake, or watch or weep this night, and give your angels charge over those who sleep. Tend the sick, give rest to the weary; sustain the dying ones; calm the suffering and pity the distressed, all for your loves sake.

(Saint Augustine 354-430AD)

Stir up your power, O God, and come among us.
Heal our wounds, calm our fears, and give us peace; through Jesus our redeemer. Amen.

(Common Worship Daily Prayer p.348)

Loving God, whose peace passes all our understanding; as we face this present pandemic, and experience fear and anxiety, may we hear your voice, bringing calm to the storms of our time.

Strengthen those who work to limit the spread of infection, and those who seek to care for the sick, and keep us mindful of those most vulnerable.

May we shape our living to protect one another, and may our changing habits, practices and sacrifices, be for the greater love of our community and all your people. Amen.

(The Diocese of Niagara)

Prayers for Children

God, you listen to me.
When I need help, you listen to me.
When I need comfort, you listen to me.
When I need guidance, you listen to me.
When I need love, you love me.

(Becky Perrins, Age 12)

Lord make me like a mirror,
Facing the place where the sun always shines,
So I can reflect the joy of the sun,
Onto all of the people
(Lauren Newman age 8)

God, let your blessing rest upon us,
Like dew on the grass,
Brining refreshment, beauty and peace,
To body, mind, and soul. Amen.

(Author Unknown)