

# Diocesan Resource Centre -- July 2007

## Spiritual Development Resource list:

MEDIUM	TITLE	AUTHOR	PuB DATE	SUBJECT DESCRIPTORS	COPIES	CALL NUMBER
print	<i>A mind like His : Discovering the mind of Jesus through Philippians 4:8</i>	Nappa, Mike and Amy	2000	Bible Study -- Bible N.T. -- Philippians 4:8. Imitation of Christ. Christian Life.	1	<b>SD b1300</b>
<p>Each chapter is an in-depth examination, with modern day anecdotes, of each of the "thoughts" that the Apostle Paul told the Philippians to think about : whatever is true, noble, right, Pure, lovely, admirable, excellent, or praiseworthy. For personal study towards having the clean, peaceful, unshackled mind that God wants us to enjoy, and easily adaptable to small group study.</p>						
print	<i>Clarity and courage: life as an improvised journey.</i>	Elliott, Timothy	2006	Self-actualization (Psychology). Courage. Conduct of life. Pastoral ministry.Wellness.	2 (1 in PEI)	<b>SD b1585</b>
<p>Through a combination of life experience, personal drama and spiritual musing, Tim Elliott presents themes, questions and approaches to consider for life's transitions, such how to recognize a "wake-up call", and offers strategies and ideas we can all use to lead more confident and fulfilling lives.</p>						
print	<i>Devotional classics: selected readings for individuals and groups : a Renovare resource for spiritual renewal.</i>	Foster, Richard J. and James Bryan Smith	2005	Devotions, English -- Christian. Devotional excercises. Spiritual renewal.	1	<b>SD b1446</b>
<p>Designed to be used as a devotional journal, this book presents a guideline to identifying the wide range of emotions we have and exploring how to bring them into harmony with nature and with the world.</p>						
print	<i>Disciplines for Christian Living : interfaith perspectives/Thomas P. Ryan</i>	Ryan, Thomas P.	1993	Spiritual formation spiritual Life Christianity and other religions	1	<b>SD b1122</b>
<p>Ryan shares the wisdom and iinsight he learned from his travels and experience with other religions and offers practical disciplines for daily life to allow us to express and deepen our relationship with God.</p>						

MEDIUM	TITLE	AUTHOR	PuB DATE	SUBJECT DESCRIPTORS	COPIES	CALL NUMBER
print	<i>Emotional wisdom: a journal of prayer and reflection.</i>	MacLennan, Robert	2005	Emotions -- religious aspects. Bible study -- devotions -- meditations.	2	<b>SD b1434</b>
<p>Designed as a personal journal for reflection and notetaking, this book could be used as a group Bible study or spiritual development course as well. With an approach that relates outer nature to inner nature, the author gives a concise but thorough synopsis of the nature and consequences of each emotion with Biblical references, a page each to forty-two human emotions, from awe to anger, from delight to despair, and a facing page with questions for reflection and a place for notetaking.</p>						
print	<i>Fasting ... exploring a great spiritual practice</i>	Rogers, Carole Garibaldi	2004	Fasts and feasts. Spiritual practices - religious, political, holistic healing.	2	<b>SD b1596</b>
<p>Learn about aspects of this universal practice, common to almost every religious tradition, from perspectives that cross time and tradition: the history, the spiritual and practical dimensions of fasting during specific seasons, personal stories of fasting experiences, and the mind-body-spirit connection we can reach through fasting.</p>						
print	<i>Fit for God's Presence</i>	Fullam, Everett L. (Terry)	1989	Holy Spirit Body, Human - Religious aspects - Christianity Spiritual Life	1	<b>SD b 93-9</b>
<p>Pump some spiritual iron! In this new, expanded edition of "Your Body, God's Temple", Fullam shows you point by point the best ways to develop all parts of your spiritual body.</p>						
print	<i>God with us : the companionship of Jesus in the Challenges of Life</i>	O'Driscoll, Herbert	2002	Jesus Christ -- Biography -- Meditations	1	<b>SD b1218</b>
<p>In thirty-three perceptive meditations, Herbert O'Driscoll probes compelling questions of how we can find spiritual support in stressful times and how we can lead fuller, more effective lives, by searching key events in the life of Jesus, he shows us how the healing wisdom and power of Jesus' life can transform our own lives.</p>						
print	<i>Journeys: three workshops on spirituality</i>	McLean, Paul, (ed.) Arthur, Ginny, (ed.)	1987	Spiritual Development / Resources for Ministry	1	<b>SD B 1012</b>
<p>During the past few years various surveys and statements have indicated a desire among Anglicans for more spiritual development. Resources for Ministry responded by forming a group to explore the issue. Some of the results are found here.</p>						

MEDIUM	TITLE	AUTHOR	PuB DATE	SUBJECT DESCRIPTORS	COPIES	CALL NUMBER
print	<i>Living the truth.</i>	Jones, Alan	2000	Truthfulness and falsehood -- religious aspects -- Christianity. Truth -- Meditations.	1	<b>SD b1384</b>
<p>A book of meditations on the many sides of truth-telling that look at truth as fact, fiction, narrative, covenant, betrothal and mystery drawing on a wide spectrum of theology, literature and the arts to aid us in the journey toward truth.</p>						
print	<i>Pondering the Labyrinth</i>	Geoffrion, Jill Kimberly Hartwell	2003	Labyrinths -- religious aspects. Spiritual life. Meditation. Prayer.	1	<b>SD b1615</b>
print	<i>Quiet Spaces: Creation and creativity</i>	Bible Reading Fellowship	2006	Bible O.T. -- origins, creation. Creativity -- religious aspects. Meditation. Creative imagination -- spiritual aspects.	1	<b>SD b1614</b>
<p>In this issue of the prayer and spirituality journal, Christian writers' talk about ways of using creativity to develop and express faith and spirituality: through the arts, appreciating the natural beauty of creation, exploring origins of faith and creation, and enhancing creative activity with prayer and meditations.</p>						
print	<i>Quiet Spaces: the Feast</i>	Bible Reading Fellowship	2006	Christian Feasts -- compilations. Feasts -- religious -- reflections, prayers.	1	<b>SD b1613</b>
<p>In this issue of the prayer and spirituality journal, Christian writers' talk about the spiritual significance of "feasting": asking "when is a meal a feast?", reflecting on the pilgrim bread, God's box of delights and how He is our spiritual food, and the deepest longings of spiritual hunger.</p>						
print	<i>Quiet Spaces: the Journey</i>	Bible Reading Fellowship	2006	Christian Pilgrimages -- compilations. Prayer -- Christian journeying. Pilgrimage -- history.	1	<b>SD b1612</b>
<p>In this issue of the prayer and spirituality journal, Christian writers' talk about different kinds of Christian journey: the toughest path of all, the journey to forgiveness, the spirituality of pilgrimage from travellers' tales, an apprentice journey, and choosing a destination that matters.</p>						

MEDIUM	TITLE	AUTHOR	PuB DATE	SUBJECT DESCRIPTORS	COPIES	CALL NUMBER
print	<i>Quiet Spaces: the Wilderness</i>	Bible Reading Fellowship	2006	Wilderness Retreats -- compilations. Prayer -- Christian retreats -- bible study.	1	<b>SD b1611</b>
	In this issue of the prayer and spirituality journal, Christian writers' talk about retreats in the desert, building faith through journal keeping, how the "wilderness" is a place of testing, and prayers and meditations that emulate the wilderness as spiritual experience.					
print	<i>Radical love:an approach to sexual spirituality</i>	Donnelly, Dody H.	1984	Love-Religious Aspects Human Sexuality	1	<b>SD B 883</b>
	Written for those God-searchers who feel living in a body can get in the way of our search for a spiritual life, not because we're extra neurotic, but because we are so conditioned that sexuality and spirituality seem like different compartments of our lives that never relate comfortably. Author tries to show how to balance the two with radical love.					
print	<i>Saving Graces : reflections on hope in everyday life.</i>	Madot, Bertha Catherine	2000	Spiritual Life.	1	<b>SD b1305</b>
	Reflections on moments of hope and stillness common to us all as we do the seemingly ordinary things of everyday life. These 49 reflections are grouped by theme and written in clear and thoughtful prose.					
Print	<i>Shattered dreams workbook: God's unexpected pathway to joy.</i>	Crabb, Larry	2001	Spiritual Life. Christian Life. Self-help. Wellness. Pastoral Care.	2	<b>SD B1662.01</b>
	The workbook to accompany the study of "Shattered dreams: God's unexpected pathway to joy." (B1662). Reflections, commentary and study questions in reference to each section of the eight-part Bible study, to be used individually or in groups.					
Print	<i>Shattered dreams: God's unexpected pathway to joy.</i>	Crabb, Larry	2001	Spiritual Life. Christian Life. Self-help. Wellness. Pastoral Care.	2 (copy 2 in PEI)	<b>SD B1662</b>
	A wise, hopeful, honest, and realistic examination of life's difficulties and tragedies, using the story of Naomi in the Bible's Book of Ruth, to help us understand in the deepest and most helpful way, how we are prepared for the joy of discovering our desire for God, and His greater plan, by experiencing in faith the pain of seemingly shattered individual ambitions and expectations. To be read alone or used with the Workbook B1662.01.					
print	<i>Soul Maps : A Guide to the mid-life spirit.</i>	Tindal, Mardi	2000	Mid-life Crisis -- Religious aspects -- Christianity		<b>SD b1132</b>
	Tindal gathers wisdom from a variety of mid-life people of different faiths and gives guidance, practices and disciplines for nourishing the mid-life and contemplating the rest of one's life. A resource for individuals or groups sharing a spiritual journey.					

MEDIUM	TITLE	AUTHOR	PuB DATE	SUBJECT DESCRIPTORS	COPIES	CALL NUMBER
print	<i>Soulfaring: Celtic pilgrimage then and now.</i>	Pemberton, Cintra	1999	Christian pilgrims and pilgrimages -- British Isles.	1	<b>SD b1610</b>
	Pilgrimage, going to ancient holy sites in search of God, has become increasingly popular. The author seeks to enrich the experience of today's pilgrims by helping them to draw on the history of pilgrimage itself while suggesting particularly rich sites for people to visit of Celtic significance.					
print	<i>SoundBYTE Spirituality: sayings to awaken faith</i>	Sabatte, Frank and Brett C. Hoover	2002	Faith. Prayer. Spiritual Life. Meditations. Reflections.	2	<b>SD b1645</b>
	A book of short but challenging spiritual sayings, each accompanied by a memorable, concise meditative reflection designed to awaken faith, hope, and renew spiritual focus: God, love, relationships, and every aspect of modern and essential human life is touched upon in this powerful collection.					
print	<i>Soundbyte spirituality: sayings to awaken faith.</i>	Hoover, Brett C. and Frank Sabatte	2002		1	<b>SD b1556</b>
	A collection of short but challenging spiritual sayings designed to keep us aware of our inner search for God, each accompanied by a short meditative reflection to link it to everyday experience; a wonderful source for the essentials of the spiritual life in concise and memorable form.					
print	<i>The Comfort of rest and reassurance. ["Come sit awhile: inspiration from the front porch" series]</i>	Lessin, Roy and Heather Solum	2005	Comfort. Rest. Faith -- Reassurance. Christian life -- Reflections.	1	<b>SD b1600</b>
	One of a series of collections of restful and welcoming reflections, this one dwelling on the healing rest that comes from giving and receiving simple reassurance.					
print	<i>The Habit of Hope in a changing and uncertain world.</i>	Hockin, William	2001	Spiritual Life / Hope -- Religious aspects -- Christianity / Change -- Religious aspects -- Christianity		<b>SD b1133</b>
	William Hockin uses Bible stories to guide and illustrate ways of coping with the anxiety brought about by change, showing how the Bible addresses our every need and gives hope to the world.					
print	<i>The Hope of Prayer and reflection. ["Come sit awhile: inspiration from the front porch" series]</i>	Lessin, Roy and Heather Solum	2005	Prayer. Hope. Christian life -- Reflections.	1	<b>SD b1599</b>
	One of a series of collections of restful and welcoming reflections, this one dwelling on building reinforcing hope with prayer and meditative reflections.					

MEDIUM	TITLE	AUTHOR	PuB DATE	SUBJECT DESCRIPTORS	COPIES	CALL NUMBER
print	<i>The Joys of friendship and love</i> ["Come sit awhile: inspiration from the front porch" series]	Lessin, Roy and Heather Solum	2005	Friendship -- religious aspects. Christian life -- Reflections. Love.	1	<b>SD b1598</b>
One of a series of collections of restful and welcoming reflections, this one dwelling on the joys that come from friendship and loving relationships.						
print	<i>The Power of Now : a guide to spiritual enlightenment</i>	Tolle, Eckhart	c1999; 20	Spiritual development. Spiritual enlightenment. Wellness.	2 (1 copy in PEI)	<b>SD b1279</b>
Eckhart Tolle uses simple language and an easy question-and-answer format to guide us on a challenging journey, leaving our analytical mind and the ego behind and moving toward the connection to our indestructible essence of our Being, giving a renewed insight into the nature of life, pain and avoiding the "now", and the path to enlightened relationships, peace and spiritual well-being.						
print	<i>The Purpose Driven Life : what on earth am I here for?</i>	Warren, Rick	2002	Spiritual growth; worship, evangelism, discipleship	2 -- copy 1 in PEI	<b>SD b1208</b>
A 40-day personal spiritual journey that will help you to understand why you are alive and God's plan for you. It is a blueprint for living in the 21st century which can reduce stress, focus energy. Provides challenges to the conventional definitions of ministry, discipleship and worship. With scriptural annotations for each chapter.						
print	<i>Thirsty for God : a brief history of Christian spirituality.</i>	Holt, Bradley P.	1993	Spirituality --Christian -- history.	1	<b>SD b1220</b>
A clear, interesting, ecumenical, cross-cultural introduction to Christian spirituality which can be used a basic text book for college students, in adult education courses for the laity, and an introductory course for seminarians.						
print	<i>Walking a sacred path: rediscovering the Labyrinth as a spiritual practice.</i>	Artress, Lauren	1995, 20	Labyrinths -- religious aspects. Meditations. Prayer. Spiritual Life. Renewal. Healing.	2	<b>SD b1644</b>
Walkiing the Labyrinth has reemerged today as a metaphor for the spiritual journey and as a powerful tool for transformation. It is a walking meditatin and an archetype of a mystical ritual found in all religious traditions that quiets the mind and opens the soul. The author explores the historical origins and shares the discoveries of modern-day seekers, showing the labyrinth's potential to inspire change and renewal and develop a higher sense of human and spiritual awareness.						

MEDIUM	TITLE	AUTHOR	PuB DATE	SUBJECT DESCRIPTORS	COPIES	CALL NUMBER
print	<i>Why am I afraid to tell you who I am?</i>	Powell, John	1969	Gifts / Personal Development Interpersonal Relations Communication / Evangelism	1	<b>SD B 657</b>
Human growth seen as lifelong process of learning honestly to tell each other who we are and what we think, feel, hope for, believe in, and are committed to.						
video	<i>A Thin place : Iona and the Celtic way</i>		1998	Architecture, Celtic Celtic Church Celts Iona (Scotland)		<b>SD V2001-34</b>
The Celtic peoples in Ireland and Scotland embraced Christianity as early as the second century. Celtic Christians carried the gospel and became known throughout Europe. In time the Celtic way faded from view but today it is resurfacing. "A Thin place" was shot on the island of Iona in Scotland where St. Columba established one of the great Celtic centres of faith and learning in the year 563. Iona has been renowned since ancient times as a holy place. There are only a few physical remains of the Celtic presence that you can see in the video. The large abbey church was built in a post-Celtic medieval period and restored in the 1930's as a retreat and worship centre that continues today						
video	<i>Agenda for renewal</i>		1987	Renewal	1	<b>SD V 3</b>
Bishop Michael Marshall examines the meaning of "renewal". He likens it to earthly laws of physics and nature because renewal is "the Word made Flesh". Jesus Christ is the force of renewal and our faith in Him is latent in everyday things around us.						
video	<i>Crossroads '86</i>		1986	Christian education Renewal	1	<b>SD V 45.a-c</b>
Weekend conference on renewal and Christian life for individuals with leader Ted Scott.						
video	<i>Faces on Faith (with Sally McFague)</i>		199?	Faith	1	<b>SD V 93-9</b>
A series in which leading religious and secular thinkers respond to questions of belief and meaning. Sally McFague is known for her work on religious language--ways people can talk about God and the world. The Resource Centre has one other in the series, featuring Bishop John Spong.						
video	<i>Greater love</i>		1987	Love Sacrifice		<b>SD V2001-35</b>
A poignant drama revolving around a brother and sister, the story exemplifies unselfish love, sacrifice and charity by a young child. Based on a true story, a little girl is asked to give blood when her brother is struck and injured by a car. She gives the blood even though she mistakenly believes that she will die as a result. When asked why she gave the blood she explained, "Well, he is my brother". "Greater love" could be used during Lent to illustrate love and sacrifice but it can also be used throughout the year						

MEDIUM	TITLE	AUTHOR	PuB DATE	SUBJECT DESCRIPTORS	COPIES	CALL NUMBER
video	<i>Healing (Volumes 1 and 2)</i>		1985	Healing-spiritual aspects	1	<b>SD</b> V 82.a-h
	John Wimber explores the concept of healing with a Biblical emphasis. Volume 1 deals with healing in the New Testament, problem teachings and problem texts, and healing of the body. Volume 2 explores the basic classes of human illness, spiritual healing, healing of hurts, healing of the demonized, healing of relationships, healing the dying and healing the dead.					
video	<i>Healing the whole person</i>		1987	Healing-spiritual aspects	1	<b>SD</b> V 84.a-b
	These two tapes comprise a presentation on spiritual wholeness by Rita and Dennis Bennett.					
video	<i>Hope Has Its Reasons</i>		1991	Decade of Evangelism Christian Life Faith	1	<b>SD</b> V 93-22
	Becky Manley Pippert, author of "Out of the Salt Shaker and Into the World", paints a picture of what it means to be a follower of Christ and the ultimate difference between those who admit the huge extent of their sin and embrace their need for the Cross, and those who deny or ignore their sin and live in bondage to their pain and failure.					
video	<i>Inner healing conference</i>		1988	Healing-spiritual aspects	1	<b>SD</b> V 97.a-b
	Recording of Inner Healing Conference with Ken Culligson and Brian MacLees held at Lower Sackville, N. S. in 1988.					
video	<i>Making disciples of Christians</i>		1988	Renewal	1	<b>SD</b> V 265.a-e
	Five videos recorded during a spiritual renewal weekend held in the Parish of New Germany in August, 1988. Leader is The Rev. Terry Fullham.					
video	<i>Talking about God</i>		1998	Spiritual Life / God		<b>SD</b> V2001-37
	How do you experience God? Everybody's got an idea of God - even those who claim they do not believe in a God. This series of programs raises important questions about God and provides responses from a variety of people who think about God a lot: theologians, pastors and a rabbi. Marcus Borg, the Jesus scholar, and Janet Wolf, a pastor, are some of the people featured in the programs. All of them share thoughts and stories that will get you started on your own sharing about God. Suitable for Lent or Advent					
video	<i>The role of prayer in spiritual awakening</i>		1986	Prayer	1	<b>SD</b> V 243
	Dr. J. Edwin Orr (Ph.D. Oxford), the foremost authority on the subject of spiritual revivals and awakenings, carefully outlines how all the great spiritual awakenings and revivals of the past began as a result of Christians uniting together for prayer. In one example, he explains that as the result of the revival during the early 1900s, 240 department stores in Portland, Oregon closed daily from 11 a.m. until 2 p.m. for prayer. Theme and presentation correlate well.					

MEDIUM	TITLE	AUTHOR	PuB DATE	SUBJECT DESCRIPTORS	COPIES	CALL NUMBER
video	<i>Wake up! Spirituality for today</i>		1987	Prayer	1	<b>SD</b> V 257

A three-part programme on spiritual freedom. Using stories and humour, Anthony DeMello focuses on prayer, love and freedom.

video	<i>Why am I afraid to tell you who I am?</i>		1985	Spiritual growth / gifts / Health-mental Stress Interpersonal relations	1	<b>SD</b> V 195
-------	--	--	------	---	---	-----------------

In this video adaptation of his best-selling book, John Powell helps Christians grow in self-awareness, self-esteem, and interpersonal communications.